

Is Someone Hurting You?

Violence affects many families in the United States. Violence in the home can result in physical and emotional problems for you and/or your family. If you have any concerns, no matter how small you think they might be, please be sure to address them with someone.

Please answer these two questions so that we may better understand the environment in which you live.

1. Are you concerned about your safety or a family member's safety because of violence at home or in the community? _____ Yes _____ No

2. If yes, then are you able to seek help or would you be able to discuss this issue with your attorney? _____ Yes _____ No

Violence in the home takes many forms:

1. Partners who threaten to turn you in to immigration or who threaten to not transact our residency papers
2. Partners who put you down and make you feel ashamed
3. Partners who tell you that they will take your children away from you
4. Partners who tell you what to do or who to see
5. Partners who push or hit you or force you to have sex
6. Partners who have full control of the money

Violence in the home hurts kids.

Make sure that kids know the violence is not their fault. Help them talk about the violence with you or an adult they can trust.

How some kids react:

- Difficulty with sleeping or eating;
- Stomach aches; headaches
- Nightmares or wetting the bed
- Trouble learning or behaving
- Running away from home
- Using drugs and alcohol

Resources:

National Domestic Violence Hotline	1-800-799-SAFE (7233)
Teen Dating Violence Resources	www.itsnotok.org
Parent Help Line	1-800-332-6378
Child Abuse and Neglect Hotline (MO)	1-800-392-3738